



Press release

From employee to owner of HYPOXI®-Studio Jyväskylä, Finland

Straß im Attergau, June 2024

I am Tuija Tikkala, the owner of HYPOXI®-Studio Jyväskylä. In my career dedicated to holistic wellness and health, I have held various roles in the pharmaceutical industry and the private and public healthcare sector, enriching my understanding of the diverse aspects that affect human well-being. I now bring my decades of experience to my own company.

My path in the wellness and health industry has always been one of passion. I joined HYPOXI®-Studio Jyväskylä as an employee in November 2023. Shortly after, I had the incredible opportunity to take over the company from the owner, Miia Nippala, at the turn of the year. This pivotal moment prompted me to leave my career as a nurse and become a full-time entrepreneur.



Our studio is centrally located in Jyväskylä, and we have been serving our clients for over ten years. We attract customers from Central Finland, where around 270,000 people live. We are proud to be able to support these people individually on their way to a beautiful figure and well-being using the unique HYPOXI-Method®. Our consistently positive customer feedback proves our commitment and exceptional customer service.

As an entrepreneur and coach, I am very committed to the growth and success of our studio. My goals include expanding our activities to reach more customers and fostering closer cooperation with healthcare professionals. I am also very interested in researching the effects of HYPOXI-Training® in collaboration with industry experts. It is a pleasure and an honour for me to be part of the HYPOXI® community and achieve goals with our customers.”

The HYPOXI® devices at a glance:



HYPOXI-Trainer® S120

The S120 combines the three components of HYPOXI-Method® effectively: The computer-controlled alternation of high and low pressure takes place in a chamber that reaches up to the hips. The gentle exercise takes place sitting on the integrated bicycle ergometer. This puts the problem areas – hip, underbelly, buttocks and legs - under pressure, facilitates the activity of the veins and eliminates fat in a targeted manner.



HYPOXI-Trainer® L250

The L250 permits the alternating application of low-pressure for the underbelly, hip, behind and legs. The comfortable reclined position relieves the body of most of its weight during training and promotes the elimination of liquids and toxins. The results are beautiful, slender legs and a visible reduction of cellulite.



HYPOXI-Vacunaut®

The Vacunaut is used to reduce the girth of the stomach and hips. Training is performed in the HYPOXI®-PressureSuit with an integrated network of 122 high and low pressure chambers.

During moderate exercise - which can take place on a treadmill, exercise bicycle or other popular cardiovascular exercise equipment - the application of high and low pressure targets the abdomen and hips.



HYPOXI® HD-Comfort

In order to remain firm and strong the skin needs special treatments. 400 active vacuum chambers integrated in the problem areas in HYPOXI® HD-PressureSuit ensure that the skin gets the exercise it needs. A comfortable lounge chair with integrated high and low-pressure technology ensures pleasant relaxation while the elastic connective fibres of the skin work diligently to achieve smooth, firm skin.

Released for publication

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